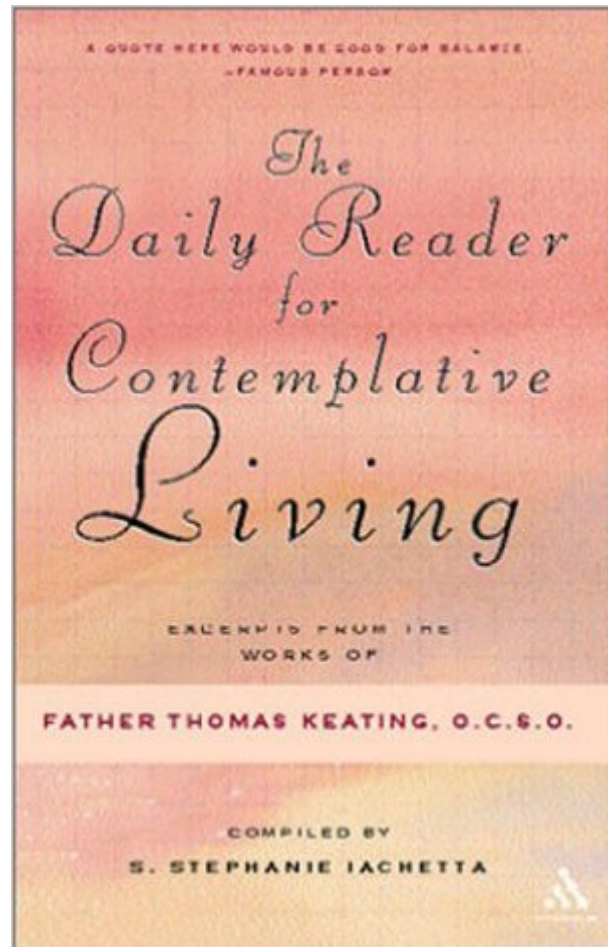


The book was found

Daily Reader For Contemplative Living: Excerpts From The Works Of Father Thomas Keating, O.C.S.O



Synopsis

This work brings together for each day of the year three prayer practices for contemplative living: first, a brief "active prayer"; second, spiritual reading; and, third, Lectio Divina. The brief introductory prayer sentences are from various sources - the Bible and traditional prayers of the church or of well-known spiritual writers. The spiritual readings come from eleven of Father Keating's books and one audiobook, with a month's worth of readings derived from each work. Each day's entry concludes with a brief selection from the Bible, or Lectio Divina.

Book Information

Hardcover: 418 pages

Publisher: Continuum; First Edition edition (August 19, 2003)

Language: English

ISBN-10: 0826415156

ISBN-13: 978-0826415158

Product Dimensions: 5.1 x 1.4 x 8.1 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (64 customer reviews)

Best Sellers Rank: #608,062 in Books (See Top 100 in Books) #141 in [Books > Christian Books & Bibles > Catholicism > Self Help](#) #947 in [Books > Christian Books & Bibles > Christian Living > Faith](#) #2683 in [Books > Christian Books & Bibles > Christian Living > Self Help](#)

Customer Reviews

Frankly, *The Daily Reader for Contemplative Living* has surpassed any other of its kind in my experience. For me, the selections are exactly the right length and the Scriptural accompaniment is very apropos. The selections are chosen with so much awareness and care. The book is a gem of organization: the meticulous indexes, the appendix, etc. not to speak of the arrangement of the selections themselves.

This wonderful book provides a biblical quote for every day and a short meditation on it. It provides something to ponder during those free moments during the day when you wish to turn your thoughts to God and refresh your spirit for the tasks at hand.

Excellent opportunity for short contemplative prayer time or for expanded prayer time utilizing centering prayer and lectio divina with provided selections. Like the notion of themes. Excellent.

This book gives you a short devotional thought each day that gives you a lot to chew on. I am finding this helpful in conjunction with some other resources from the Contemplative Outreach Center. It is supplementing my spiritual discipline practices and helping me connect with God.

Centering prayer has one primary goal: to transform us into the image of Christ. This day-by-day reinforcement of the means of that transformation is invaluable. I use it every day.

This is the second copy of this book. The first one fell apart with much reading. Daily excerpts from Keating's works, inspiring, seems to say so much with little words. Looking for something short, and yet informing, this is your book.

2003- this book has been with me in hardback since that time. This is the most well-used of all my Keating books! Each month's daily reading has a bible verse or active prayer sentence, with commentary offered from one of Father Thomas's books or talks -a true blessing. The book spine has given out in many of the month sections, and the pages are now clipped together - frankly that was better for traveling, since I could take just the dates I was out of town for my daily meditations. I had seriously considered replacing the book, but did not want the paperback edition. Now that this book is available on Kindle, I have the readings at my fingertips, since I also now use a meditation timer app- everything in one location. If you are new to Centering Prayer, guidelines and support resources are available in the back of the book.

A great guide on the journey. I start my day with a reading from this book and it helps me to center. This book is well written and easy to use. I recommend it without hesitation to anyone wanting to embrace a way of life of living in the Presence of God

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